

Offering a hand up not a hand out.



## TRANSFORMING THE MANAGEMENT OF THE CCRC ORPHANAGE

Children are now happier and healthier

- In August 2008 Dharmik became responsible for the day to day care and support for the children at this orphanage.
- Our local team Yuzeena and Swikriti have been working hard under Mark's guidance to make this happen. Our great new Nepali volunteer Anu has also been helping out.



## Improving the Children's Diet

- Groceries are brought to the CCRC on a regular basis so the children have abundant food and are healthy and well nourished.
- Children are eating more healthy food as there is now a regular supply of fresh green vegetables and fruit.
- Groceries are bought in bulk so that there are ample provisions in case of strikes or crises (*N.B strikes occur on a regular basis in Nepal*).



**Bulk Potatoes**



**Bulk Rice**



**General Grocery Items**

## New Staff

- New staff (the didis) have been appointed to care for the children.
- Sarita and Bimala are working on a part-time basis. Apsara, Nirmala and Bina are full-time.
- We also look after our staff – now each of them get one day off a week. (*N.B.in Nepal people usually have a 6 day working week*). Full-time staff really enjoy and appreciate their day off (before Dharmik took over they were required to work 7 days a week).
- New beds have been added so that the didis can sleep in the bedrooms with the children – whereas before they had to sleep on the floor.



## Our Lovely Didis with the Children

## Improving Care of the Toddlers

- Toddlers are now taken out during day time to the television/play room so that they can crawl and toddle freely in an open space. Before they were spent most of the time in baby cots in the babies' room.



Some of the Toddlers Playing

## Starting School

- Three children - all siblings who are new to CCRC - have started school.
- Instead of living on the streets begging for food they now receive physical care and nurturing.



Ever since Dharmik took over, everything has changed. The living and working conditions of the children and staff at the CCRC have greatly improved.



**Swikriti**

**Anu**

**Yuzeena**

**A Big THANK YOU to the Nepali Dharmik Team !!!**

*Written by Swikriti Thapa (Nepal Secretary) and Verena Clemencic-Jones(Australia Secretary)*